



WHAT IS INTIMATE PARTNER VIOLENCE?

The perpetrator of domestic violence and the victim are or have been in a close relationship with each other. Intimate partner violence can target a person's current or former partner, child, or other close relative.

WHAT IS VIOLENCE IN CLOSE RELATIONSHIPS?

Physical violence

Physical violence is any form of intrusion into the body, such as holding, shaking, pushing, beating, hitting, kicking, strangling, and throwing objects at another.

Mental violence

Mental violence includes name calling, mocking, silent treatment, annulment, control, and isolation.

Religious violence

Religious violence is accusation, pressure and intimidation justified by religion. It is also a mockery and denial of another's religious needs.

Sexual violence

Sexual violence is a behavior that violates another's sexual sovereignty. These include coercion and pressure for sexual acts, sexual harassment, taking and sharing nude pictures without permission, and banning the use of contraception and forcing abortion.

Economic violence

Economic violence includes deciding and controlling the use of one's money, forcing one to hand over one's money to another, forcing one to borrow or guarantee a loan, extortion, making another person responsible of supporting another without a contract and without reciprocity (for ex. not helping with the household or childcare) and not paying alimony.



PROJECT UMMA

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We offer individual support and counseling for women and girls.

**We provide advice and guidance by appointment and by phone in Finnish, English and Arabic.
The project's multilingual community ambassadors will share information and support changing
cultural misconceptions in the community.**

**We train on religious and cultural awareness at work and on speaking out and combating
community violence**

CONTACT US

**Project manager
Minna Taipale
(Finnish & English)
045 78318555 or
minna.taipale@amalry.fi**



**Project worker
Hoda Rababa
(Arabic & English)
045 78326307 or
hoda.rababa@amalry.fi**

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