Project UMMA

community

support attitude change



Project UMMA is a women-specific outreach project which aims to promote the well-being, health and participation of foreign-background and Muslim women of all ages. Project-UMMA also aims to prevent harmful habits and their effects on the lives of women and girls.

This outreach project will provide guidance and counsel to different communities, in addition to training community representatives, whose role will be to provide their own communities with information, guidance and support in moving forward and changing cultural misconceptions. This project will utilize a religious and culturally conscious approach to support the community development and the participation of women. Project UMMA is funded by The Ministry of Economic Affairs and Employment of Finland

Support women, support the community.



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Project Services

Project UMMA provides guidance and support tailored to meet the needs of women and girls. Project UMMA will also provide training for professionals and other community members

- Outreach cooperation
- Guidance and counsel for service users
- · Information and training
- Attitude adjustment





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